

0 mi	Route Start	Start at Fleet Feet Maine Running. Head northwest on Diamond St
0.05 mi		Turn right onto Marginal Way toward Cove St
0.18 mi		Turn right onto Cove St toward Anderson St
0.34 mi		Slight right onto Anderson St
0.5 mi		Turn right onto Fox St toward Diamond St
0.51 mi		Turn right onto Diamond St
0.62 mi		Turn right onto Bayside Trail
0.94 mi		Head north on Bayside Trail toward Eastern Promenade Trail
1.00 mi		Mile 1
1.13 mi		Turn right onto Eastern Promenade Trail
1.91 mi		Continue on Eastern Promenade Trail toward Cutter St
2.00 mi		Mile 2
2.63 mi		Continue on Eastern Promenade Trail toward Ferry Terminal
2.78 mi		Turn right onto Hancock St
2.85 mi		Turn right onto Fore St. sidewalk. Keep right
3.00 mi		Mile 3
3.22 mi		Continue onto Eastern Promenade sidewalk
3.43 mi		Slight right onto Cutter St sidewalk. Keep right
3.74 mi		Head northeast on Cutter St toward Eastern Promenade Trail
3.75 mi		Turn left onto Eastern Promenade Trail
4.00 mi		Mile 4
4.13 mi		Head northwest on Eastern Promenade Trail toward Bayside Trail
4.54 mi		Slight left onto Bayside Trail
4.8 mi		Head south on Bayside Trail toward Diamond St
5.00 mi		Mile 5
5.06 mi		Finish at Fleet Feet Maine Running

toward Marginal Way